**

*Pregame BP Rounds*

**Round 1 | Execute**

**Drag**

* Perfect or foul

**Push x2**

* Angle @2nd baseman

**Slash x2**

* Stay out of the air

**Round 2 | 5 Swings**

**Hit and Run x2**

* Stay out of the air

**Move runner over**

* Looking for outside pitch, staying middle-right side of field/2B

**Infield BACK score ‘em**

* Middle approach – ground ball to middle INF does a job

**Infield IN score ‘em**

* Line-drives / look to elevate and drive a pitch

**Round 3 | 5 Swings**

**5 swings – gap to gap**

* Hit it where it’s pitched

**Round 4 | 3 Swings MAX**

**Barrel / feel good**

**INFIELD DRILLS**

**Dailies**

**Knees (w or w/o glove)**

**Short hops**

**Snakes**

**Rapid fire snakes**

**Feet ( w or w/o glove)**

**Same as above**

**Throwing**

**On the run w/ partner**

**Flips, 3 o’clock throws**

**Around the circle quick catch**

**4-Corners**

**Flips – both directions**

**Double play toss**

**6 o’clock throws**

**Inside**

**Outside**

**On the run – 1 hand and 2 hand plays**

**Quick catch**

**Glove flips – both directions**

**Drills**

**Short fungo**

**Gold glove**

**Double plays**

**Mass ground balls**

**Star drill**

**Perfect positions**

**Chaos**

**Drop step /range drill**

**Tags at bases**